

Recommendations for a Safe Return to Tennis – Facility Guidelines

The Bowmanville Tennis club would like to thank the Ontario Tennis Association for developing these guidelines which we have adapted and abbreviated to suit the nature of our small setting (only 2 courts and no clubhouse).

The guidelines have been developed keeping in mind that the situation is fluid and recommendations could change, based on the latest best-practices released by medical experts and levels of government.

SOCIAL/PHYSICAL DISTANCING

- Players must practice physical distancing; staying a minimum of 2 metres. There should be no physical contact between players ex: high fives etc.
- Players must bring their own uniquely marked tennis balls. Players should pick up only their own tennis balls by hand. Returning balls to a player using only their racquet.

CLEANLINESS & HYGIENE STRATEGIES

It is estimated that the virus responsible for COVID-19 can be transmitted through handling of tennis balls, door handles, benches, the net and possibly the court itself.

- Members are responsible for bringing plenty of hand sanitizer. Please sterilize the lock and door when entering and exiting the courts.
- Players are reminded to be vigilant about sterilizing their hands, coughing or sneezing into a tissue or into the crook of their elbow.
- Players are reminded not to share any personal items with their partners.
- Garbage pails and recycling bins will not be provided. Please take your used balls and garbage with you when you leave. Chairs and benches have also been removed.
- Players are asked to keep a record of the dates and times they play. In the event of a member having a positive Covid 19 test their log could be used for contact tracing.
- Members must refrain from playing and to stay home if they:

1/ are not feeling well or have any known coronavirus symptoms, (incl. fever, cough, difficulty breathing, etc.).

2/ have been in contact with someone with Covid19

3/ have been overseas in the previous 14 days.

In addition, members are reminded that:

The following Individuals are considered vulnerable or at risk: elderly individuals, immunosuppressed persons and/or individuals suffering from serious health problems - notably high blood pressure, pulmonary diseases, diabetes, obesity and asthma.

ORGANIZING TENNIS ACTIVITIES

- Other common-sense steps should be taken to minimize risk to others. This includes limiting play to singles.
- If other Members are waiting please limit your court time to 1 hour from the start of your play.
- Members waiting for a court must social distance outside the courts.
- Members are encouraged to use e-transfer to pay their fees. If you are not comfortable with online banking please pay your fees by cheque.
- ***Depending on the policy of the BOAA there may or may not be access to washrooms while at the club. Plan your visits accordingly.***

For more complete guidelines please see [here](#)